

WHAC Championship - 11/3/2023 2:05:58 PM

Riverside Park, Grand Rapids, MI

College Men 8000 Meter Run

Name	Yr Team	Time	Pts
1 Andrew Ireland	SR Aquinas	25:16.99	1
2 Mehdi Nait Hamoud	FR Madonna	25:27.71	2
3 Jamin Thompson	JR Cornerstone	25:28.95	3
4 Mohamed Salaheddine E	JR Madonna	25:33.66	4
5 Ethan Barker	JR Aquinas	25:35.85	5
6 Ben Hardy	JR Aquinas	25:38.31	6
7 Joe Seibert	JR Michigan-Dearborn	25:40.85	7
8 Luke Droz	SO Lawrence Tech	25:40.93	8
9 Carson Lafferty	SO Aquinas	25:42.14	9
10 Rob Lohr	JR Aquinas	25:43.91	10
11 Isaiah Jacobs	JR Cornerstone	25:52.11	11
12 Edward Frey	JR Aquinas	25:53.80	12
13 Conner Uppleger	JR Lawrence Tech	25:56.91	13
14 Chase Holwerda	FR Cornerstone	25:57.11	14
15 Ethan Krampe	FR Cornerstone	26:01.26	15
16 Giulio Romano	FR Indiana Tech	26:01.63	16
17 Andy Adams	SO Cornerstone	26:05.32	17
18 Korey Allen	FR Indiana Tech	26:08.07	18
19 Alec Shaw	JR Rochester (MI)	26:08.99	19
20 Logan Churchill	JR Cornerstone	26:09.66	20
21 Brett Leidal	SO Michigan-Dearborn	26:10.50	21
22 Austin Williford	FR Aquinas	26:17.72	22
23 Wyatt Emmons	JR Rochester (MI)	26:24.87	23
24 Christopher Putman	SO Indiana Tech	26:28.64	24
25 Micah Bauer	FR Concordia (Mich.)	26:28.75	25
26 Hunter Richards	JR Cornerstone	26:31.25	26
27 Jonah Maichele	JR Aquinas	26:36.70	--
28 Liam LeBlanc	SO Lourdes	26:37.03	27
29 Matt Schieber	JR Aquinas	26:37.71	--
30 Will Vanderboer	FR Aquinas	26:43.23	--
31 Brian Langlois	SO Aquinas	26:49.70	--
32 Juan Caballero	FR Indiana Tech	26:55.24	28
33 Noah Momber	FR Aquinas	26:56.98	--
34 Cameron Kruse	JR Madonna	26:57.96	29
35 Lucas Danko	JR Rochester (MI)	27:02.25	30
36 Tyler Vandierdonck	FR Aquinas	27:04.68	--
37 Tyler Landis	JR Siena Heights	27:08.14	31
38 Anthony White	JR Cleary	27:13.80	32

39	Andrew Stern	SO Siena Heights	27:18.40	33
40	Lucas Eccelton	SR Madonna	27:25.72	34
41	Seth Ackley	FR Cornerstone	27:29.28	--
42	Ryan Nicholson	JR Madonna	27:30.96	35
43	Andrew Langkam	SO Madonna	27:33.83	36
44	Mick Robinson	FR Aquinas	27:36.46	--
45	Jaben Bakker	FR Aquinas	27:39.37	--
46	Nate Oosterhouse	FR Cornerstone	27:44.67	--
47	Jack Kelly	FR Lawrence Tech	27:44.93	37
48	Dominic Comfort	SO Aquinas	27:49.14	--
49	Reece Welch	JR Rochester (MI)	27:55.04	38
50	Cameron Stermer	JR Rochester (MI)	28:01.46	39
51	Eli Hullinger	FR Rochester (MI)	28:01.53	40
52	Evan Wheeler	JR Lawrence Tech	28:02.91	41
53	Dylan Banda	JR Indiana Tech	28:06.08	42
54	Ethan Beres	SR Cleary	28:09.33	43
55	Isaac Tiernan	SO Michigan-Dearborn	28:11.17	44
56	Caleb Bitely	FR Cornerstone	28:11.57	--
57	Christian Martinez-Ra	JR Aquinas	28:12.44	--
58	Brendan Buckner	JR Michigan-Dearborn	28:12.77	45
59	Colin Metzger	JR Siena Heights	28:13.85	46
60	Samuel Vorderwuelbeck	FR Indiana Tech	28:15.96	47
61	Noah Peterson	SR Rochester (MI)	28:16.58	48
62	Anderson Gattis	SO Michigan-Dearborn	28:20.89	49
63	Johnathan Miedema	FR Cornerstone	28:21.92	--
64	Ethan Oudbier	SR Cornerstone	28:23.48	--
65	Chase Dietrich	SO Lawrence Tech	28:25.82	50
66	Elliott Ramsey	SR Lourdes	28:27.90	51
67	Adam Haag	SO Michigan-Dearborn	28:29.14	52
68	Gavin Hamilton	SO Lourdes	28:31.55	53
69	Brandon Zielke	JR Rochester (MI)	28:31.94	--
70	John Borowicz	FR Michigan-Dearborn	28:32.40	54
71	Sam Elder	FR Aquinas	28:32.44	--
72	Theodore Eising	SR Concordia (Mich.)	28:32.77	55
73	Levi Trout	SR Lourdes	28:33.62	56
74	Nolan Portteus	SR Lourdes	28:35.02	57
75	Henry Frederick	FR Siena Heights	28:37.92	58
76	Luke Bentz	JR Concordia (Mich.)	28:41.43	59
77	Luke Kaferle	JR Michigan-Dearborn	28:42.70	--
78	Ian Reitzel	FR Indiana Tech	28:44.37	60
79	Ben Dawson	SO Lawrence Tech	28:49.40	61
80	Nethanel Leupold	JR Siena Heights	28:49.91	62
81	Seth Beerens	SO Lourdes	28:50.39	63
82	Nathan Milliman	FR Concordia (Mich.)	28:51.99	64
83	Noah Blandino	SO Lawrence Tech	28:52.75	65
84	Garrett Goulding	SR Rochester (MI)	28:59.59	--
85	Liam Kelly	JR Aquinas	29:03.73	--
86	Ngor Agwick	JR Indiana Tech	29:04.97	--
87	Joel Hartleb	SR Cleary	29:16.77	66
88	Jamari Williams	FR Madonna	29:20.17	67

89	Easton VanderZwaag	FR Cornerstone	29:22.28	--
90	Jack Gray	SR Lawrence Tech	29:22.77	--
91	Kaleb Smith	SO Cornerstone	29:29.38	--
92	Aiden Goodwin	JR Cornerstone	29:30.57	--
93	Dan Gore	SR Rochester (MI)	29:36.73	--
94	Blake Schroeder	FR Siena Heights	29:37.61	68
95	Devin Weaver	FR Aquinas	29:42.75	--
96	Ayden Walaskay	FR Lawrence Tech	29:44.24	--
97	Andy Schlaff	JR Lourdes	29:49.95	69
98	Camden Staples	SR Cleary	29:55.04	70
99	Caleb DeVries	FR Cornerstone	30:01.89	--
100	Luke Vanassche	FR Siena Heights	30:08.20	71
101	Charles Baliatico	FR Michigan-Dearborn	30:28.96	--
102	Avery Sanchez	SR Concordia (Mich.)	30:35.19	72
103	Fred Moreau	FR Aquinas	30:37.79	--
104	Dominic Catallo	FR Concordia (Mich.)	30:41.19	73
105	Chad kocsis	SO Rochester (MI)	30:43.95	--
106	Sebastian Tarhanich	SO Lawrence Tech	30:44.97	--
107	Alex Misniakiewicz	SR Cleary	30:47.96	74
108	Jake Rottier	FR Aquinas	31:07.60	--
109	Maddox Altman	SO Lourdes	31:32.24	--
110	Adam Fisch	SO Concordia (Mich.)	31:38.20	75
111	David Yoskovich	SR Lawrence Tech	31:41.51	--
112	Nathan Alton	SR Lawrence Tech	31:46.55	--
113	Kaleb Sanford	SR Lourdes	31:53.68	--
114	Logan Betke	SO Cleary	33:04.59	76
115	Noah Rodriquez	SR Lawrence Tech	33:09.20	--
116	Hunter Houser	FR Lawrence Tech	33:29.80	--
117	Bonfils Matenga	FR Aquinas	33:42.11	--
118	Jared Stiver	SR Concordia (Mich.)	34:36.86	--
119	Kaiden Koepfler	FR Lourdes	34:47.00	--
120	Kellen Garmon	JR Lourdes	42:09.60	--

College Men 8000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Aquinas	31	1	5	6	9	10	12	22
Total Time: 2:07:58		Average: 25:35.44				1-5 Split: 27		
2 Cornerstone	60	3	11	14	15	17	20	26
Total Time: 2:09:25		Average: 25:52.95				1-5 Split: 37		
3 Madonna	104	2	4	29	34	35	36	67
Total Time: 2:12:57		Average: 26:35.21				1-5 Split: 2:04		
4 Indiana Tech	128	16	18	24	28	42	47	60
Total Time: 2:13:40		Average: 26:43.94				1-5 Split: 2:05		
5 Rochester (MI)	149	19	23	30	38	39	40	48
Total Time: 2:15:33		Average: 27:06.53				1-5 Split: 1:53		
6 Lawrence Tech	149	8	13	37	41	50	61	65

	Total Time: 2:15:52		Average: 27:10.30		1-5 Split: 2:45
7	Michigan-Dearborn	166	7 21 44 45	49 52 54	
	Total Time: 2:16:37		Average: 27:19.24		1-5 Split: 2:41
8	Siena Heights	230	31 33 46 58	62 68 71	
	Total Time: 2:20:09		Average: 28:01.65		1-5 Split: 1:42
9	Lourdes	244	27 51 53 56	57 63 69	
	Total Time: 2:20:46		Average: 28:09.03		1-5 Split: 1:58
10	Concordia (Mich.)	275	25 55 59 64	72 73 75	
	Total Time: 2:23:11		Average: 28:38.03		1-5 Split: 4:07
11	Cleary	285	32 43 66 70	74 76 -	
	Total Time: 2:25:23		Average: 29:04.58		1-5 Split: 3:35

College Women 6000 Meter Run

Name	Yr Team	Time	Pts
1 Haley Nieuwkoop	SR Cornerstone	21:39.26	1
2 Lisa Voyles	SR Indiana Tech	21:58.52	2
3 McKenna Palmer	JR Indiana Tech	22:28.04	3
4 Kori Baumann	JR Cornerstone	23:12.75	4
5 Kylie Callison	SR Michigan-Dearborn	23:23.54	5
6 Madison Rempalski	SO Aquinas	23:26.54	6
7 Hannah Assenmacher	JR Lawrence Tech	23:28.41	7
8 Jacie Remtema	FR Cornerstone	23:31.93	8
9 Jacqueline Albo	SR Lawrence Tech	23:32.14	9
10 Heather Eller	JR Rochester (MI)	23:43.10	10
11 Isabelle Uganski	JR Siena Heights	23:49.82	11
12 Kiarra Lambert	JR Cornerstone	23:58.62	12
13 Lauren Gores	JR Cleary	24:03.40	--
14 Samantha Turner	FR Michigan-Dearborn	24:07.59	13
15 Anna Fedewa	SR Aquinas	24:08.25	14
16 Lauren Wooer	SO Aquinas	24:11.19	15
17 Carolyn Bennett	FR Aquinas	24:11.33	16
18 Elise Conkel	FR Cornerstone	24:15.71	17
19 Jenna Ramsey	FR Lourdes	24:16.02	18
20 Lauren Hamilton	FR Madonna	24:27.61	19
21 Jessica Jarski	SO Cornerstone	24:30.72	20
22 Anna Green	FR Indiana Tech	24:32.55	21
23 Cadence Schultz	FR Aquinas	24:34.57	22
24 Rose Paoletti	JR Madonna	24:35.05	23
25 Mikayla Borg	SR Michigan-Dearborn	24:35.32	24
26 Jessica Phillips	JR Madonna	24:37.08	25
27 Karla Julian Austria	SO Indiana Tech	24:42.94	26
28 Mallory Bowker	JR Aquinas	24:43.27	27
29 Rachael Barone	SO Cornerstone	24:44.15	28
30 Ella Koons	FR Aquinas	24:45.16	29
31 Paige Thamer	SO Indiana Tech	24:54.07	30
32 Lauryn Hoover	JR Michigan-Dearborn	25:06.73	31
33 Claire Walton	JR Aquinas	25:07.71	--

34	Alexis Spitzey	FR Madonna	25:11.94	32
35	LaRaya Warnsley	SO Indiana Tech	25:12.40	33
36	Brooke Hildebrandt	JR Siena Heights	25:12.74	34
37	Aleah Dymond	SR Rochester (MI)	25:17.83	35
38	Kaitlyn Bourque	SO Michigan-Dearborn	25:18.97	36
39	Molly Kline	SO Lawrence Tech	25:21.63	37
40	Aliz Pusztai	FR Cornerstone	25:22.17	--
41	Malia Borg	JR Michigan-Dearborn	25:23.32	38
42	Izzie Lashaway	JR Madonna	25:24.37	39
43	Miranda Nielsen	FR Madonna	25:26.19	40
44	Kylie Jones	SO Rochester (MI)	25:27.52	41
45	Anyssa Heinold	FR Indiana Tech	25:46.88	42
46	Mary Bradshaw	JR Michigan-Dearborn	25:52.28	43
47	Samantha Rousseau	SO Madonna	25:54.25	44
48	Gen Moore	JR Aquinas	25:54.56	--
49	Leah Thompson	FR Cornerstone	25:58.72	--
50	Bailey McCulloch	SO Siena Heights	26:01.47	45
51	Mattie armstrong	FR Lawrence Tech	26:01.84	46
52	Korissa Vanover	SR Indiana Tech	26:09.68	--
53	Perla Reyes	JR Siena Heights	26:13.88	47
54	Erin Norton	JR Rochester (MI)	26:24.04	48
55	Aliyah Perez	JR Lourdes	26:27.50	49
56	Tariyah Dawson	FR Michigan-Dearborn	26:28.46	--
57	Kaitlyn Thomas	SO Aquinas	26:29.43	--
58	Whitney Ricks	SO Madonna	26:36.99	--
59	Annabel Bishop	JR Aquinas	26:46.74	--
60	Hope Wilkes	FR Siena Heights	26:52.33	50
61	Noelle House	FR Aquinas	26:52.38	--
62	Emily DuVall	FR Indiana Tech	26:56.30	--
63	Jezra Reyes	JR Siena Heights	26:57.31	51
64	Laurynn Garcia	SR Lourdes	27:06.47	52
65	Grace Buskard	FR Cornerstone	27:10.49	--
66	Gina Collins	JR Rochester (MI)	27:11.38	53
67	Erin Mccardell	SR Lawrence Tech	27:12.02	54
68	Macee Ripke	FR Concordia (Mich.)	27:14.53	55
69	Emma O'Neil	SO Cornerstone	27:22.96	--
70	Michaela Kurth	FR Concordia (Mich.)	27:36.36	56
71	Bridgette Dudley	SO Siena Heights	28:06.67	57
72	Katrina Amrhein	SO Aquinas	28:10.51	--
73	Madelynn DuBois	JR Lourdes	28:20.54	58
74	Sabrina Kroll	JR Michigan-Dearborn	28:22.75	--
75	Audrey Hartman	SO Aquinas	28:25.44	--
76	Jordyn Bronowski	SO Siena Heights	28:32.14	--
77	Rachael Byers	FR Concordia (Mich.)	28:33.24	59
78	Nisreen Chahine	FR Michigan-Dearborn	28:50.16	--
79	A'maya Hodges	SO Lourdes	28:52.36	60
80	Mary Salem	SR Concordia (Mich.)	28:52.42	61
81	Olivia Waterstradt	JR Lourdes	29:23.53	62
82	Alison Doerr	SO Concordia (Mich.)	29:25.90	63
83	Grace Opsommer	FR Rochester (MI)	29:37.05	64

84 Jasmine Berti	SR Lourdes	29:42.90	65
85 Zee Simpson	FR Aquinas	30:41.10	--
86 Elissa Hines	FR Concordia (Mich.)	30:51.00	66
87 Lauren VanderWulp	FR Aquinas	31:01.07	--
88 Elsie Noyes	JR Lourdes	31:19.04	--
89 Madison Farris	FR Siena Heights	31:24.83	--
90 Taylor Imus	SO Lourdes	31:40.70	--
91 Amanda Fogo	SO Concordia (Mich.)	31:41.88	67
92 Juliana DiTullio	SR Lourdes	31:48.14	--
93 Clara Losey	SO Siena Heights	32:17.88	--
94 Sydney White	JR Michigan-Dearborn	32:56.10	--
95 Abigail McLean	SR Lourdes	33:07.95	--
96 Katrina Kline	SR Rochester (MI)	33:29.57	68

College Women 6000 Meter Run Team Scores

Team	Pts	1	2	3	4	5	(6)	(7)
1 Cornerstone	42	1	4	8	12	17	20	28
Total Time: 1:56:39		Average: 23:19.66				1-5 Split: 2:37		
2 Aquinas	73	6	14	15	16	22	27	29
Total Time: 2:00:32		Average: 24:06.38				1-5 Split: 1:09		
3 Indiana Tech	82	2	3	21	26	30	33	42
Total Time: 1:58:37		Average: 23:43.23				1-5 Split: 2:56		
4 Michigan-Dearborn	109	5	13	24	31	36	38	43
Total Time: 2:02:33		Average: 24:30.43				1-5 Split: 1:56		
5 Madonna	138	19	23	25	32	39	40	44
Total Time: 2:04:17		Average: 24:51.21				1-5 Split: 57		
6 Lawrence Tech	153	7	9	37	46	54	-	-
Total Time: 2:05:37		Average: 25:07.21				1-5 Split: 3:44		
7 Siena Heights	187	11	34	45	47	50	51	57
Total Time: 2:08:11		Average: 25:38.05				1-5 Split: 3:03		
8 Rochester (MI)	187	10	35	41	48	53	64	68
Total Time: 2:08:04		Average: 25:36.78				1-5 Split: 3:29		
9 Lourdes	237	18	49	52	58	60	62	65
Total Time: 2:15:03		Average: 27:00.58				1-5 Split: 4:37		
10 Concordia (Mich.)	294	55	56	59	61	63	66	67
Total Time: 2:21:43		Average: 28:20.49				1-5 Split: 2:12		